

**Be there to hold his  
hand tomorrow.**

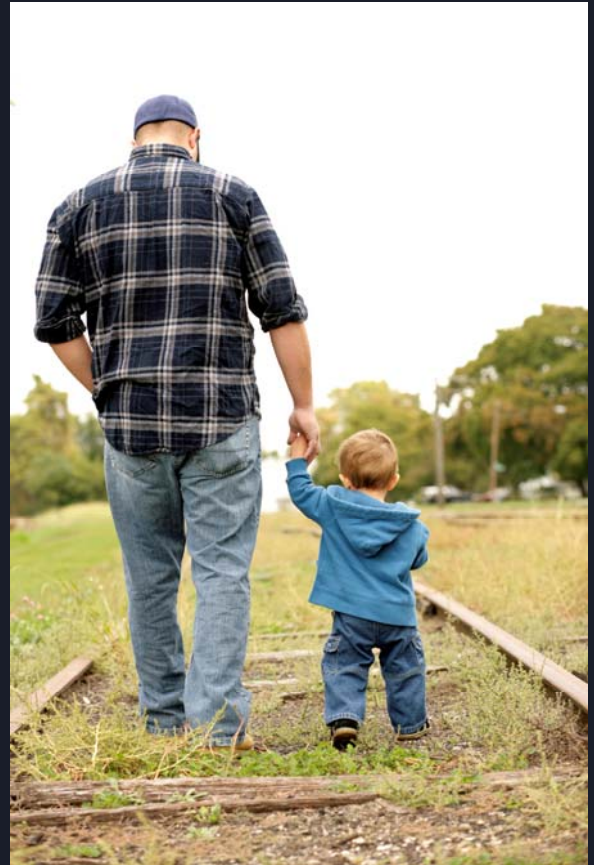


**Smokeless tobacco  
hurts you and  
your family.**

**You can quit.**

**CEASE can help.**

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**One of the best things  
you can do for your  
family is to be  
tobacco-free  
at all times.**

**Talk to your child's  
doctor or nurse  
about quitting today.**

**Call the quitline or visit  
[www.ceasetobacco.org](http://www.ceasetobacco.org)  
for more information on  
how to be tobacco-free.**

*You can do it.*

*CEASE can help.*

*CEASE*

**1-800-QUIT-NOW  
1-800-784-8669  
[www.ceasetobacco.org](http://www.ceasetobacco.org)**



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